







Program	Dates	Time	Fees	Delivery	Description	More Information
Keeping Kids in Mind	Feb 5 – Mar 5	5:30pm – 8pm	Conc \$70 Std \$120	Online	This program is for separated parents who are experiencing ongoing conflict.	
Power of Connection	Feb 10	11am – 1pm	FREE	Online	Nurture positive relationships with your child & their social & emotional development.	
Anger Management Coaching	Feb 17 – Mar 17	11am – 1pm	Conc \$70 Std \$120	Online	Helps support people to understand and cope with their feelings of anger.	
Autism What's My Superpower	Mar 2 – Mar 16	6pm – 8pm	Conc \$70 Std \$120	Online	Help parents understand the importance of healthy brain development.	
Bringing Up Great Kids	Mar 11 – Apr 1	11am – 1pm	FREE	Online	Designed to support respectful, caring relationships between parents and children.	
Parenting Through Separation	Mar 23	11am – 1 pm	FREE	Online	Understand changes and challenges in the family when faced with separation.	



As a Social Service Agency, we exist to make a positive difference in all people's lives supporting children, adults and families throughout South West NSW.

## PSYCHOLOGY

Our team of registered psychologists provide a range of psychological assessment and therapy services for children, teens, and adults

## NDIS

As a registered and accredited NDIS provider, we help you navigate your NDIS journey confidently with our services in Support Coordination, Positive Behaviour Support, Psychosocial Recovery Coaching, Improved Daily Living and Early Childhood Intervention.

## COUNSELLING

We offer a wide range of general counselling services to individuals, couples and families, as well as specialised counselling for child sexual assault, family disputes, family law and faith-based options.

## SCHOOL WELLBEING SUPPORT

Our School Wellbeing Support practitioners work within pre-schools, primary and high schools with students, families and staff to help guide student academic, behavioral and social – emotional growth.

## EMPLOYEE ASSISTANCE PROGRAM

Our Employee Assistance Program (EAP) provides professional counseling, guidance, and support to employees. We also guide employers on how to establish EAP services in their workplace.

## FREE PRO-BONO LEGAL CLINIC

Our lawyers can provide general advice and assistance in a broad range of areas such as family law, employment, tenancy disputes, general litigation, crime and other matters involving domestic violence and AVO's.

## REFUGEE & MIGRANT SUPPORT

Our Settlement, Engagement, and Transition Support (SETS) team assists newcomers to Australia in adjusting to their new environment, helping them feel connected and supported within their community.