

TERM 4 TIMETABLE 2023

PROGRAMS	WHERE	WHEN	TIME	FEES	FACILITATOR	ABOUT
Keeping Kids in Mind	Online via Microsoft Teams	Tuesday 10th, 17th, 24th, 31st October & 7th November Registrations close: Tuesday 26th September	6:00pm 8:00pm	S \$100 C \$60	Tammy & Viv	This program is for separated parents who are experiencing ongoing conflict.
Parenting Children with ADHD	Online via Microsoft Teams	Wednesday 11th, 18th, 25th October Registrations close: Wednesday 27th September	6:00pm 8:00pm	S \$60 C \$40	Maree & Tammy	Parenting Children with ADHD program has been designed to give parents and carers an understanding of what ADHD is, its nature and how it impacts on the child and his/her family.
Anger Management	Online via Microsoft Teams	Monday 30th October, 6th, 13th, 20th, 27th November Registrations close: Monday 16th October	6:00pm 8:00pm	S \$100 C \$60	Tammy & Maree	This program helps support people to understand & cope with their feelings of anger.
What's Behind the Behaviour (Seminar)	Online via Microsoft Teams	Wednesday 22nd November Registrations close: Wednesday 8th November	11:00am 1:00pm	FREE	Greta & Keryn	This 2-hour seminar focuses on why children behave the way they do, and how to create your own toolkit of helpful ideas to promote positive behaviour.
Understanding Self Harm Behaviours (Seminar)	Online via Microsoft Teams	Thursday 30th November Registrations close: Thursday 16th November	5:00pm 7:00pm	FREE	Greta & Stina	Self-harm is often used as a way to respond to and manage emotional pain, or distress. This seminar helps parents to understand what's behind the self-harming behaviour.

Book Today

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S = Standard C = Concession Prices